



Regent Christian Academy

NEWS OCTOBER 31, 2008

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OUR VISION

To train children according to Biblical principles, in partnership with Christian families.

OUR COMMUNITY

Committed to excellence in education in a nurturing environment.

OUR CHALLENGE

To build Godly character and equip students to respond to God's call as Christian leaders in our community.

PRINCIPAL'S MESSAGE



Each first Monday of every month the entire school (k-12) gathers together for all-school chapel. This gathering, starting at 8:30, takes the place of the division chapels that would normally occur on Wednesday. This is a great venue for bringing the school community together to worship and hear from one of our pastors or another special speaker. Although seating is limited, parents and guests are always welcome.

This Monday, we will be talking to the students about some of the missions projects that are upcoming. We will do a PowerPoint presentation with pictures of our school project and outreach in Ki-jabe, Kenya. We look forward to the usual good response from our students.

REMINDER

- Nov 4 Christmas Stocking project
- Nov 11 School Closed Remembrance Day
- Nov 28 Report Cards Gr K-12
- Dec 22 - School Closed
- Jan 2 Christmas Break

COOKIES, PIES & CHOCOLATES * FUNDRAISER

Back by popular demand is our 24th Avenue PIE and COOKIE fundraiser. This is your chance to fill your freezer with goodies. Also, PURDY'S CHOCOLATES are available which are great for gifts or to enjoy for yourself.

PIES: frozen gourmet 9" deep dish, lots of varieties to choose from. COOKIES: frozen gourmet cookie dough, preformed into 1oz pucks, 50 per sheet.



ORDER FORMS went home with your child. Extra forms are at the main office. Cash or Cheque due by Wed Nov 12th. Any Questions? Call Mrs S Bremner @ 575-7281

NEXT WEEK AT A GLANCE: NOVEMBER 2-8, 2008

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|-----|---|-----|-----|
| 02 Sr Girls VolleyBall Tournament Nov 1 + 2 @ Burnaby | 03 All School Chapel Week of Adopt A Street Gr 4 + 6A | 04 Stockings for Night Shift Begins Nov 3-28 | 05 | 06 Girls Volleyball Championships @ Harry Jerome In Burnaby | 07 | 08 |



GRADE 1 & KINDERGARTEN CLASSES * ALDOR ACRES FARM



LAST THURSDAY the Grade 1 and Kindergarten classes went to Aldor Acres Farm for a "fabulous fall field trip"! The students ate their lunches on bales of straw, got up close with all kinds of barnyard animals, and then rode the hay wagon out to the pumpkin patch to pick their own special pumpkins to take home. God blessed us with a dry day and mild temperatures (even when the weatherman predicted rain!). Back at school, the students have extended their learning by counting pumpkin seeds, tasting roasted seeds, following recipes to bake pumpkin cookies, and many other fun activities. A big THANK YOU to Mrs. Tardif our wonderful bus driver and to all the parents that came out to help make this a memorable event!

SPIRITUAL EMPHASIS DAYS

On October 30th & 31st the primary division at RCA took part in "Spiritual Emphasis Days". Our theme this year was "GOOD NEWS CLUES: DISCOVER JESUS". Detective Whone visited our Chapel on Wednesday to help get us thinking about finding clues and learning new things from the Bible. Then all the K- Gr. 4/5 teachers prepared special activities to help the students discover more about our Saviour. The halls were buzzing with crafts, stories, amazing demonstrations, and physical challenges. THANK YOU to all the parents who came out to help make this a successful event for our classes!



EPI PEN DEMONSTRATION * NURSE LOA VANDENBERG



One of our goals at RCA is to ensure that our students are cared for and their health and safety is a priority. Last Wednesday our school nurse, LOA VANDENBERG, demonstrated to teachers and staff the symptoms, allergic reactions and step by step procedures on how to administer an EPI PEN.

There are probably many students at RCA who suffer in varying degrees from a variety of seasonal, environmental or food allergies. This is quite common. However, a few of our students at RCA suffer from allergies that could cause a severe allergic reaction called anaphylaxis. **ANAPHYLAXIS** is the term for a potentially life-threatening allergic reaction that some people have to foods (like peanuts and shellfish), insect stings and bites, medicine, latex, or exercise.

Being **PEANUT AWARE & A NUT SAFE** is important at Regent Christian Academy; with staff awareness and a medical plan of action in place - our first priority is to keep our school safe for everyone.

UPDATE * MEDICAL INFORMATION

TO: ALL PARENTS

We are requesting that PARENTS with children that have any kind of allergy or medical condition, especially if it is serious, **PLEASE ENSURE THE TEACHER IS ADVISED.** As well, if there is a special medication that is needed in case of an emergency, to ensure the school has a supply on hand. Our school nurse, Mrs Vandenberg, is available to discuss any concern; she has served our school for over 10 years and is stationed out of the Cloverdale Public Health Office.



Action Schools! Healthy Eating Workshop

RCA will be hosting a workshop next Wednesday. **Action Schools! BC** is a best practices model designed to assist schools in creating individualized action plans to promote healthy living. The Classroom Action Zone will be highlighted with a focus on vegetable and fruit consumption. Our teachers are excited about the workshop, and the ideas and action tips to provide more opportunities for more children to make healthy choices more often.

